Ok, let’s see :)  

Reading down this chart until you find that you are not seeing the words clearly.

The smaller the letters become the harder it may be to read the words.

Reading Glasses Direct TEST YOUR EYES HERE

click on the print button as seen below. This will bring up a print dialog.

In this dialog, set the Page Scaling to None.

Without glasses read the chart to the right from a distance of approximately 15” (40cm).

Read down the chart until you reach a line that you cannot read clearly and the number on the right is the lens strength you require.

0 Inches | 1 | 2 | 3 | 4 | 5 | 6 | 7